



The Third Step Prayer

"God, I offer myself to Thee--to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life.

May I do Thy will always!"

This prayer can be found on page 63 of the "Big Book of Alcoholics Anonymous".

The Seventh Step Prayer

My Creator, I am now willing that you should have all of me, good & bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you & my fellows. Grant me strength, as I go out from here to do Your bidding.

This prayer can be found on page 76 of the "Big Book of Alcoholics Anonymous".

Eleventh Step Prayer

Lord, make me a channel of thy peace – that where there is hatred, I may bring love – that where there is wrong, I may bring the spirit of forgiveness – that where there is discord, I may bring harmony – that where there is error, I may bring truth – that where there is doubt, I may bring faith – that where there is despair, I may bring hope – that where there are shadows, I may bring light – that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort that to be comforted – to understand, that to be understood – to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to eternal life.

This prayer can be found on page 99 of the "Twelve Steps and Twelve Traditions".